Fax: 011 - 252 6669 **RUSTENBURG** a/hrs 072 482 6871 / 081 710 6540

014 592 5653 | 014 592 9677

221 Joubert Street, Rustenburg, E-mail: news@platinumweekly.co.za

# 





Rustenburg - Rustenburg has been Platinum Weekly reached out to one of Rise posed by the tall grass has managed to their properties along the N4.

blessed with a lot of rain this summer Up Rustenburg's directors, Sandy Webb which comes with pros and cons. Whilst on Tuesday 28 February after receiving the Kgaswane Nature Reserve booms and information about community members blooms with greenery—and the heavy rains being on high alert as criminals are taking multiply the potholes —the security threat advantage of the tall grass which borders More on page 11.

**READYMIX** Deliver high strength concrete at all times evade the spotlight.

APPLICATION A low cost concrete **BRANDS** mix.

· We have 400 000 litres of water in storage,

· We own 14 Readymix trucks.

**ECONOMICAL MIX** 

Pump mix, Column mix, Normal Concrete mix.

RUSTENBURG & BOSHOEK

**SPECIALITY HAVE A LARGE PROJECT?** 



**BRANDS** Poolmix, Hydrafil.

**CUSTOMISED MIXES** Concrete mixes designed

requirements.

to meet customer specific

back-up front end loaders and generators. • Depending on distance from the plant, we can load up to 700m3 of concrete per day.

Zinniaville Rustenburg | Portion 92 Boshoek J103 | \* www.afrireadymix.co.za

CHECK OUT THE LATEST DEALS INSIDE



FOOD LOVER'S MARKET

#### Skillfull

WE NOW OFFER OUR COURSES AS AN e-LEARNING OPTION\*

Advance your career in occupational health and safety. All our courses are Nationally / Internationally accredited. (Full Time/Distance and e-Learning Options)

#### **CERTIFICATES & DIPLOMAS: (MINING & INDUSTRIAL)**

#### Courses Available Safety Officers/COMSOC® Level 1, 2 & 3

- Incident Cause Analysis Method (ICAM®)
   Environmental Management
- ISO 45001:2018 courses
   Occupational Certificate QCTO: Safety, Health and Quality
  - Practitioner Level 5 256 Credits COMSOC® is a Registered Trademark of
- Skillfull No: 2013/13447/8 • ICAM® is a Registered Trademark of Skillfull No: 2015/15290

- Safety Officers/COMSOC®1 Full Time Course: 20th March 31st March 2023
- Safety Officers/COMSOC®2 Full Time Course
- 11<sup>th</sup> April 21<sup>st</sup> April 2023 Safety Officers/COMSOC®3 Full Time Course. 2<sup>nd</sup> May - 12<sup>th</sup> May 2023

Schedule: Tel: 018 786 4300 / 018 786 2812 (08h00 - 16h00) Email-info@skillfull29.co.za / Or visit us at www.skillfull29.co.za













WANT TO PLACE AN ADVERT?



#### **OFFICES TO RENT**

Rustenburg - Steen Street Close to Colleges and other prominent businesses

- 103 m<sup>2</sup>
- · Reception
- · 4 Offices
- · Central Aircon
- Kitchen
- Bathroom

R11 000 / month Contact Dana: 072-396-3351





Ons onthou met liefde wyle Amanda Bam (57), oorlede op Maandag 27 Februarie 2023. Ons groet haar op 3 Maart 2023 om 11:00 vanuit die kapel by Agape Kerk Rustenburg Kampus, Cuckoostraat, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste, 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Ons onthou met liefde wyle Josie Victor (64), oorlede op Dinsdag 21 Februarie Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en



2023. Sy oorwinnigsdiens vind op 2 Maart 2023 om 11:00 plaas vanuit die kapel by Sonskyn Aftreeoord. Koorsboomstraat, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste, 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste

# **BAIL OF ALLEGED**

#### DESIGN A BOOK COVER COMPETITION! WITH KREST PUBLISHERS SA



Author Gretchen Ryan is returning to the literary scene with an exciting children's book called There's an Elephant in my Swimming Pool, and your child could be the official cover designer! There's an Elephant in My Swimming Pool is an adventure story set in the South African bush. While on holiday at his grandpa's game farm near the Kruger National Park, 11-year-old Toby has close encounters with various dangerous wild animals but worse than that, the most dangerous of all; rhino poachers. The story tells of Toby's attempts to combat poaching, which are constantly thwarted by his younger and more

responsible sister, Tara. The book, aimed at readers aged 8-12, has received multiple international awards and has been endorsed by Virginia McKenna, award-winning actress. Now, your young one has the opportunity to be the cover designer for an award-winning book, which has just been signed on by KREST Publishers

based in SA! Children up to the age of 12 just need to draw a colourful cover of an elephant in a swimming pool, the title and author's name, and have a parent email it to KREST.

Full competition guidelines are on the publisher

www.krestpublishers.co.za





Charl Visser: 076 344 2469

#### CUT AND PROGRAM ALL KEYS TO **VEHICLES AND DUPLICATES.**

**RUSTENBURG BRANCHES** 

117 Pres. Mbeki Drive | Tel: 014 592 2921 NUMBER PLATES MADE WHILE YOU WAIT

> c/o 180b Pres. Mbeki and Marais street Tel: 014 050 0921

**EMERGENCY NUMBERS:** 082 453 8761 | 082 339 7066

POTCHEFSTROOM BRANCH 32 A James Moroko Drive | Tel: 018 294 5799

Email: potchsales@thekeyhole.co.za **EMERGENCY NUMBERS:** 

082 453 8761 | 082 453 8761

KEY CUTTING & CODING • IGNITION & DOOR LOCK REPAIRS • NEW KEY CASING • REPLACEMENT LOCKS • ALL SAFE WORK • OPENING OF VEHICLES STANDARD LOCKSMITH SERVICES NORMAL TRADING HOURS

# **CHILD MOLESTER EXTENDED**

Verassingdienste.

Rustenburg - The trial of the man accused of molesting a 14-year-old boy will now be heard on 8 and 15 May 2023 at the regional court in Rustenburg. The man, who appeared before the same court on 24 and 28 February 2023, is a former teacher at a prominent primary school in Rustenburg. The man's bail of R4,000 was extended during his appearance. An interpreter will be used during coming the trial and the state is expected to call up a witness to testify against the man in court.

The man was arrested on 24 May 2021 after he was accused of molesting a learner. This was after the mother of the victim found incriminating messages from the man on the boy's phone and reported it to the police. It came to light that an alleged improper friendship between the teacher and the child had been going on for a while.



Rustenburg - It has been alleged that a female was injured after being struck by a taxi in Heystek Street on Monday morning 27 February 2023. A security guard who witnessed the events said that a taxi struck a passerby with its mirror and failed to stop. Whilst the taxi was trying to flee the scene it struck the female. The witness said that the taxi once again tried to flee the scene, but community members managed to stop it.

Fortunately, a police vehicle was close by and quickly responded to the scene

According to the witness, the woman was injured when the ambulance arrived to transport her to the hospital. Platinum Weekly reached out to the Rustenburg police, but at the time of going to print the police could not yet confirm the information.



### **Empowering Women in Mining:**

# Breaking Barriers and Unlocking Full Potential

Lashia Khanda is a Class of 2022 matriculant from Sunrise View Secondary School in Boitekong who has been awarded the third annual Future Women in Mining Bursary by Impala Rustenburg.

She is among **55 young people** to receive bursaries from Impala this year. Lashia has embarked on an exciting journey to achieving a Bachelors in Geomatics, leaving her hometown of Rustenburg to begin her degree at the University of Cape Town.

Lashia shares a bit of her background and ambitions for the future.



### What are your career goals?

When I've completed my studies, I hope to be employed by Impala as a surveyor. I'm eager to learn and grow within the mining industry.



I would encourage other young women like me to never lose hope and to work hard to achieve their goals.

### What is Geomatics and why did you choose to study it?

Geomatics is a field that involves the collection, analysis, and display of data.
I love organising and restructuring things, and Geomatics provides an opportunity for me to do what I love while pursuing my education.

### What inspired you to pursue a career in mining?

Watching my mother work as a miner at Impala sparked my interest in mining and surveying.

### Why is this bursary so important to you?

This bursary has not only made it possible for me to attend university, but it also means I can do so without worrying about financial constraints. With this support, I can concentrate on my studies and dedicate my focus and attention to getting the best possible results. I'm so grateful to Impala Rustenburg for this opportunity.

Investing in the future through education





### POLL

#### Do you give cash to the 'needy'?

The unemployed and homeless often rely on the generosity of others to survive. One the one hand, the money given probably does help a hungry mouth, but on the other hand, it might also enable the needy to stay at the robots. Where do you stand on this issue?

Make yourself heard by sending an email to news@platinumweekly.co.za or send us a WhatsApp on 081 579 7000 with the following information before 17:00 on Monday 6 March 2023:

- Yes, I give cash to the needy.
- No, I don't give cash to needy.
- The reason for your answer.
- A recent photo of yourself—so that we can publish your pic with your answer.
- Your contact details
- Please indicate in which town/ city you

The results of the votes will be published in our next issue. P.S. You can also give your opinion by commenting on our Facebook post.

#### Have your say / Sê jou sê

#### Have you ever experienced a random act of kindness?



Yes, a couple of years ago my daughter was representing her school at Silver Sands Casino. On our way back home, my car broke down at a busy and dangerous intersection. A complete stranger helped to move my car out of the way and stayed with me and my loved ones until help arrived. Adele Vermeulen

STOLS MOTORS

RUSTENBURG

**Anything on** 

wheels.

Office hours

014 592 9828

014 592 2658

**PAINT CENTRE** 

5lt QD Red Oxide R223.50

5lt QD Black R323.30

5lt QD White R352.05

5lt PL Varnish R287.50

5lt A Grade Thinner On Special

01t PTX QD Cat Yellow R1362.35

20lt PTX QD DB Grey R1200.60

5lt PTX QB DB Grey R339.25

5lt PTX QD Ford Blue R365.10

20lt Excelsior Roof Paints STD Colours R950.75

8 Year Guarantee

Only at PAINT CENTRE

Have you ever been stuck next to the road and a stranger stopped to help you? Or has a stranger ever helped you out when you were short of money at the



Yes. Some time ago, I had a very bad day. A stranger came to me, greeted me and we started talking. It put a smile on my face.

Tshepang Motjale



Yes. One night, I was stuck in the middle of the road when a woman stopped to assist me. She drove to different petrol stations trying to get petrol. When we could not find fuel (it was during early) she helped to get my car home. I will forever be

### lockdown, so garages closed

grateful. Keitumetse Olivier

#### **PUBLIC POLL:** THE RESULTS ARE IN!

WE KNOCK AND DROP FLYERS AND PAMPHLETS

CALL 072 026 0414

Have you ever experienced a random act of kindness?

NO 6% YES 94%

#### CLASSIFIEDS

#### **CAKES AND CUPCAKES**

Cakes and cupcakes for all occasions Contact Faith on 078 470 1498 or 065 968 1473.

#### **BUZZ ELECTRICAL**

Vir enige werk kontak ons vandag vir flink en vinnige diens. Ons doen die volgende: • Enige elektriese items · Aircons · Yskaste · Koelkamers en Frieskamers · Coc op huise • Hek motors • Garage motors • Bedrading van huise Kontak ons vandag | Beste pryse Chris 082 343 2419 | Willem 067 755 9473

#### **SAVF**

SAVF Rustenburg is requesting assistance with finding Ms Erasmus Cherise, the biological mother of the two children with surname Van Deventer. 1 male child born 02/10/2009 and 1 female child born 03/04/2003. Anyone with information regarding Ms Erasmus can contact social worker Thankxy Motsapi on 014 592 8568 or rustenburg.mwk1@savf.co.za.

#### **SAVF**

SAVF Rustenburg is requesting assistance with finding the biological father of a female child born 11/12/2006 with the surname of Mpete. Urgently contact the social worker Thankxy Motsapi on 014 592 8568 or rustenburg.mwk1@savf.co.za

SAVF Rustenburg is requesting assistance with finding the biological parents of the female child with the surname of Rampo. The biological mother abandoned the child concerned at age 6. Urgently contact Social worker: Thankxy Motsapi on 014 592 8568 or rustenburg.mwk1@savf.co.za.

#### **SAVF**

SAVF Rustenburg is requesting assistance with finding the biological father of a female child born 2010-09-13 with the surname of Ramatlhape. Urgently contact the social worker Thankxy Motsapi on 014 592 8568 or rustenburg.mwk1@savf.co.za if you have any

#### FORM JJJ LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer Number ST57806/2000, passed by The trustees for the time being of Zinniaville Traders Trust, Registration Number IT606/1994 in favour of FAROOK CHOONARA, Identity Number 471114 5101 08 3, married out of community of property, in respect of certain: A Unit consisting of (a) Section No. 15 as shown and more fully described on Sectional Plan No SS 238/2000 in the scheme known as ZINNIAVILLE COMPLEX in respect of the land and building or buildings situated at Portion 30 of Erf 2367 RUSTENBURG Township, Local Authority: RUSTENBURG LOCAL MUNICIPALITY, HELD BY Deed of Transfer Number ST57806/2000 which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002 within two weeks

RUSTENBURG this 2nd day of March 2023. ELNÉ GERBER (38465) VAN VELDEN-DUFFEY INC Address: 67 Brink Street, Rustenburg, 0299 E-mail address: elneg@vvd.co.za Contact number: 0145921135

from the date of the publication of this notice. Dated at

#### FORM JJJ LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer Number T27322/1975, passed by Roodia Investments (Rustenburg) (Eiendoms) Beperk, Registration Number 1973/013814/07 in favour of CHRISTIAAN JACOBUS STEENKAMP, Identity Number 381118 5007 08 2, Married out of community of property, in respect of certain: REMAINING EXTENT OF PORTION 336 (PORTION OF PORTION 146) OF THE FARM WATERKLOOF 305 REGISTRATION DIVISION JQ, PROVINCE OF NORTH WEST HELD BY Deed of Transfer Number T27322/1975 which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002 within two weeks from the date of the publication of this notice. Dated at RUSTENBURG this 2nd day of March 2023. ELNÉ GERBER (38465) | VAN VELDEN-DUFFEY INC | Address: 67 Brink Street, Rustenburg, 0299 | E-mail address: elneg@vvd.co.za | Contact number: 014 592 1135

### WE **NEED** YOUR **BLOOD!**

Donate blood at the South African National Blood Service (SANBS) Rustenburg, situated at the Lifestyle Square centre in Beyers Naude Drive, Rustenburg.

Pop in before you do your shopping!

Your blood can save up to three lives! You can donate blood every 56 days.

For more information visit www.sanbs.org. za or give SANBS Rustenburg a call at 014-594 2771.



of the intention to apply for the issue of a certified copy of Deed of Transfer Number T163064/2006 passed by The Executor in Estate Late Dawid Jacobus Putter Estate Number 9359/2004 and Petronella Margaretha Putter, Identity Number 201204 0042 08 0, Unmarried in favour of Rosa Martha Catharina Steenkamp, Identity Number

- REGISTRATION DIVISION JQ, PROVINCE OF NORTH WEST
- 3. PORTION 296 (A PORTION OF PORTION 55) OF FARM WATERKLOOF 305
- REMAINING EXTENT OF PORTION 55 (A PORTION OF PORTION 2) OF FARM WATERKLOOF 305 REGISTRATION DIVISION JQ. PROVINCE OF NORTH
- 5. PORTION 262 (A PORTION OF PORTION 55) OF FARM WATERKLOOF 305

HELD BY Deed of Transfer Number T163064/2006 which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002 within two weeks from the date of the publication of this notice.

VAN VELDEN-DUFFEY INC | Address: 67 Brink Street, Rustenburg, 0299 | E-mail address: elneg@vvd.co.za | Contact number: 014 592 1135

### CAUTION

### Always be vigilant!

Rustenburg - A Swartruggens family—Rudolf de Kock, his wife and son-visited a local takeaway shop located on Nelson Mandela drive on Thursday 23 February 2023. What started out as a quick family outing for food soon turned into an almost robbery.

Rudolf's wife entered the shop to place their order while Rudolf waited in their bakkie with his son who was sitting in the back canopy.

Rudolf was aware of his surroundings and saw five men heading towards him; one of the men started to cross the road while he continued to talk to the others. Rudolf kept an eye on the men through his side mirrors and saw that the man who had initially crossed the road was standing behind his bakkie and coming towards the driver's side window. Rudolf immediately locked his door and rolled up his windows. When the suspect saw this he shouted to the others that the doors were locked before walking away.

"One of the others then came to knock on my window and asked for a cigarette while scanning through my bakkie. I explained to him that I don't smoke but he kept on insisting. I then noticed another one of the five coming from the passenger side. He also glared into my bakkie and told the others that there is nothing," said Rudolf.

Rudolf was still waiting for his wife, but decided to start the bakkie and pretend like he was leaving after which the suspects slowly started to leave. He continued to keep an eye on them and when his wife returned, he told her to quickly get into the bakkie. As she climbed into the bakkie, four of the five men had caught up with her. One of the men tried to steal the phone charger on the seat and grabbed Rudolf's wife's hand in the process. Rudolf revved the bakkie out of the parking and the men scattered.

"I found a police vehicle in the area and told them about the incident. The police then called for backup and started to patrol the area," said Rudolf. When the family returned to collect their food, the police saw them and told them that they couldn't find the suspects. According to Rudolf, one of the car guards who witnessed everything told the police officers that there was a group of five to ten men who regularly target the area.

The suspects usually have one person who distracts you, while the other robs you. Fortunately, due to Rudolf's vigilance, him and his family managed to sidestep the robbery.

### **TWO MEN ATTACKED IN BROAD DAYLIGHT**

Rustenburg/ Modderfontein - A caretaker and his friend were attacked at a private resort on the Rex Road at approximately 15:00 on Wednesday 22 February 2023.

The two men were approached by four assailants who were wearing balaclavas. The suspects then physically assaulted the caretaker and hit him over the head with a pistol. They then proceeded to ransack his house. Some of the items taken include a firearm and a two-way radio. Other houses on the property were also raided.

The attackers then loaded the stolen items into a bakkie which belonged to the man's friend. The friend was taken hostage as they attackers fled the scene. The suspects stopped between Lapologang and Marikana where they unloaded the items and instructed their hostage to go.

Buffel Sekuriteit and Rustenburg Landelike Diens' owner Charl Visser and his team quickly responded to the scene and the caretaker was transported by an ambulance to a local hospital where he was treated for his injuries.



#### NOTICE OF ENVIRONMENTAL AUTHORISATION APPLICATION BY: **WESTERN MINERAL (PTY) LTD**

Notice is hereby given in terms of EIA Regulation 41(2)(c) of the Regulations, under the Environmental Management Act, 1998 (Act No. 107 of 1998)

Western Mineral (Pty) Ltd applied for a prospecting right for mineral chrome in terms of Section 16 of the Minerals and Petroleum Resources Development Act 28 of 2002 as amended. The project will trigger Activity 20 of Listing Notice (LN) 1 of the EIA Regulations "Any activity the operation of that activity which requires a prospecting right in terms of section 16 of the Mineral and Petroleum Resources Development Act, as well as any other applicable activity as contained in Listing Notice 3 of 2014, required to exercise the prospecting right.". The applications cover the following farm:

Portion 119, 72 and a certain portion of the farm Waterfall 306 JQ DMRE REFERENCE: NW 30/5/1/1/2/13637 PR.

Located in the magisterial district of Rustenburg Area. You can be involved in the Public Participation Process by:

- Sending a fax, email or mail with your name, contact details and concerns/ questions relating to the project.
- Providing us with the names of additional people that can be contacted. All correspondence, should be received within 30 days from receipt of these notice will be submitted to the Department of Mineral Resources & Energy (DMRE). All issues raised during the public participation process will responded to in writing to the Interested and Affected Parties (I&APs). I&AP include all parties concerned, who will be affected by the project and interested in the prospecting/exploration project.

CORRESPONDANCE MAY BE DIRECTED TO: KJ Maluleke and VM Mafanele | EMAIL: info@mafanelegeo-enviro.co.za or Postnet Suite 210, Private Bag x 5981 | Polokwane North, 0750 | OFFICE: 26 Thabo Street (AL Smit Building), Polokwane, Limpopo | FAX: 0865 444 911 TEL: 015 590 0393 / 015 023 0412 | CELL: 072 395 9511 | DATE OF NOTICE: 03 March 2023

#### FORM JJJ LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, 411003 0061 08 2, Married out of community of property, in respect of certain

- 1. PORTION 270 (A PORTION OF PORTION 55) OF FARM WATERKLOOF 305 REGISTRATION DIVISION JQ, PROVINCE OF NORTH WEST
- 2. PORTION 54 (A PORTION OF PORTION 53) OF FARM WATERKLOOF 305
- REGISTRATION DIVISION JQ, PROVINCE OF NORTH WEST
- REGISTRATION DIVISION JQ. PROVINCE OF NORTH WEST

Dated at RUSTENBURG this 2nd day of March 2023 | ELNÉ GERBER (38465) |



### **AS SEEN ON TV**























# FOOD LOVER'S MARKET

**SPECIALS VALID UNTIL SUNDAY 5 MARCH 2023** 

AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, FREE STATE, AND NORTHERN CAPE. EXCLUDES THE MARC, BRAAMFONTEIN, BANK CITY, AND ROSEBANK EATERIES.

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY + HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE



# CELEBRATING 30 YEARS WITH R30 DEALS!



**Sweetcorn Prepacks 4s** 

**BUY 2 FOR** 

**BIG DEAL** 



**English Cucumbers, Lettuce Prepacks, Spanish Santé Cocktail Tomato Punnets or Palermo Thriftpacks** 

**BUY 2 FOR R30** 

Plum or Yellow Cling **Peach Punnets** 



Cabbages, Broccoli or Baby Marrow Prepacks 400 g

**BUY 2 FOR** 



**Carrot or Beetroot** Thriftpacks 1 kg **BUY 2 FOR R30** 



**Butternut Pockets** 

R30<sub>each</sub> **BIG DEAL** 



**Robot Pepper** 



**BUY 3 FOR R30** 



**BUY 2 FOR** 



**Potjie Potato** Thriftpacks 1 kg **BUY 3 FOR** 



**Spanspek** 

R30<sub>each</sub>



Banana Thriftpacks 700 g



**Watermelon Halves** 

**R30** 



**Kiwifruit Punnets** 

**R30** 

### **CONVENIENCE**



Food Lover's Diced Butternut, Diced **Pumpkin, Sliced Sweet Potato.** Julienne Mixed Vegetable, Seasonal **Vegetable Roast or Herbed Butter** Baby Potato Bags 375 g/500 g/600 g **ANY 2 FOR** 



Food Lover's Peeled Baby Carrot Bags 500 g **BUY 3 FOR** 



Food Lover's Chilli Cheese, Garlic & Herb or Salt & Pepper Croutons 100 g **ANY 2 FOR** 

**Food Lover's Potato** 

Salad & Coleslaw

Duo 500 a



**Food Lover's Couscous** Salad 240 g



Food Lover's Spiced Potato Wedges 600 g

### CELEBRATING 30 YEARS WITH GREAT DEALS!



All Gold Tomato Sauce 700 ml, Mrs Ball's Chutney 470 g or Crosse & Blackwell Mayonnaise 750 g



Food Lover's Light Brown Sugar 2 kg

**BIG DEAL** 



Tuna in Brine 170 g **BUY 2 FOR** 

**BIG DEAL** 

M&M's Assorted

36 g/45 g **BUY 3 FOR** 



Food Lover's UHT Long Life Milk 6 x 1 L (Full Cream or Low Fat)

299 each **BIG DEAL** 



Less Sugar 1.5 L

**BUY 4 FOR** 

**BIG DEAL** 



**Fairview Feta Cheese** Assorted 100 g

**BIG DEAL** 

**BUY 2 FOR** 



Lena Tomato Paste 70 g **BUY 6 FOR** 

**BIG DEAL** 



BIG DEAL

Fatti's & Moni's Pasta Shapes Assorted 500 g **ANY 2 FOR** 

**BIG DEAL** 



**Eggspert Large** Eggs 18s

**BIG DEAL** 



Food Lover's Crushed Garlic Assorted 250 g



**Coco Aqua Coconut** Water or Aloe Aqua Aloe Water Assorted 330 ml **ANY 2 FOR** 



**Endurade Sugar Free Sports** Drink Assorted 630 ml **ANY 4 FOR** 

**BIG DEAL** 



**Albany Superior White or Thick** Sliced White Bread 700 g **BUY 2 FOR** 

**BIG DEAL** 



**BUY 3 FOR** 

**BIG DEAL** 













# CELEBRATING 30 YEARS WITH R30 DEALS!









### **OUR SMOKED AND CURED PRODUCTS**



Van Wyngaardt Bockwurst 300 g



Van Wyngaardt Sandwich Ham 300 g

per pack



Food Lover's Imported



Eskort Liver Spread 100 g **BUY 3 FOR** 



Eskort Bacon Spread 100 g **BUY 2 FOR** 



Food Lover's Cheese Russians 450 g



Food Lover's Streaky Bacon 200 g



SCAN THE QR CODE TO PLAY OUR **LIMITED EDITION GAME & WIN PRIZES!**  STEP 1: SCAN THE QR CODE AND REGISTER **STEP 2: CHOOSE A CHALLENGE STEP 3: WIN BIG!** 



### **UNSOLVED SEWAGE LEAK TURNS INTO A HEALTH HAZARD**

Rustenburg – The Arendskloof sewage issue has been ongoing since early February 2023. The sewage leak on Arend Road initially had drastic consequences as dead fish started to surface at one of the Arendskloof dams due to the water being contaminated by the sewage leaking into the dam (at this point all three dams have been contaminated.) But now the sewage issue has escalated into a health hazard as reports of cholera surfaced on Thursday 23 February 2023.

Arendskloof trustee André van der Merwe confirmed that residents in the complex have been warned to not drink water from the taps. "During repairs, a waterpipe has been broken and repaired and broken again. Every time the waterpipe breaks it lies in the sewage, so even if the sewage is not flowing through it, we are scared that the pipe might get contaminated. This is just a safety precaution," said André. Residents have also been urged to stay away from the dams and to avoid fishing.

Platinum Weekly first reported on the incident on Friday 10 February 2023 after a sewerage pipe had burst in Arend Road the previous weekend. The sewage flowed down the road, over Vink Avenue and eventually reached the first of Arendskloof's dams.

Regrettably, initial attempts by the Rustenburg Local Municipality (RLM) to repair the sewage leak in Arend Road had caused even more problems. The RLM attempted to repair the damaged leak, but further damage was caused to a clean water line, a stormwater pipe, and an additional sewerage line. The clean water supply pipe was repaired, but the damage to the sewerage line and the stormwater pipe caused a new leak.

According to the ward 14 Democratic Alliance (DA) councillor Gert du Plessis, by 20 February 2023 the sewerage line—approximately 4 metres deep—needed to be replaced from the manhole at the intersection of Loerie Avenue and Arend Road, and up to the open trench adjacent to Santa Monica complex. The complex at this stage had gone five days without water. It soon become clear that the assistance of a private service provider had to be called in.

On 22 February the damaged storm water line was fixed, and crusher stone was placed underneath the broken water supply line in order to fix it and to restore water to Santa Monica. This was done by the RLM while waiting for the approval to appoint a private service provider by RLM's supply chain management deviation to replace the damaged sewerage line.

"The smell is horrible! When we open our windows, we struggle to breathe while taking in the stench," said an Arendskloof resident who lives nearby one of the dams.

At time of going to print, the once clear dams of Arendskloof are green with sewage while residents wait in anticipation for a private sector provider to be appointed.

Platinum Weekly reached out to RLM for comment but had not received any feedback at the time of going to print.



### RUSTENBURG LOCAL MUNICIPALITY Office of the Municipal Manager

#### **ERRATUM: NOTICE: 09/2023**

This serves to place an erratum in respect of an advert that was published in the Platinum Weekly newspaper dated 24 February 2023 regarding the subject above. It should be noted that the purpose of this erratum is to inform the local community that the schedule for the Municipal-Wide Public Participation meetings has been revised as follows:

Notice is hereby given in terms of Section 127(5)(a)(i)&(ii) of the Municipal Finance Management Act, No. 56 of 2003 read with Section 21A of the Local Government Municipal System Act, No. 32 of 2000, that the MPAC is embarking on **Municipal-Wide Public Participation Meetings on the 2021/22 Annual Report**, as part of the Council process to adopt the 2021/2022 Oversight Report in line with Section 129 of the MFMA.

The local community is invited to attend the meetings scheduled below and/or to submit written comments or questions on the 2021/22 Annual Report to the MPAC Office at mpac@rustenburg.gov.za or by contacting Fanie Marumola / Tebogo Lesie on 014-590 3793 /3808/3437. Any person who cannot write may come to the MPAC Office: Civic Centre – West Wing during working hours for assistance to transcribe their submissions. The MPAC should receive all submissions on or before 14 March 2023.

PUBLIC PARTICIPATION SCHEDULE				
CLUSTER	WARDS	DATE	TIME	VENUE
А	07,08,09,10,11 & 13	09/03/2023	17h00	Tlhabane Community Hall
	12, 19, 22, 23, 24,37,38,39 40 & 41		14h00	Paardekraal Community Hall
В	27	13/03/2023	15h00	Lethabong Community Hall
	28			Rethusegile High School
С	25,26, 29,30 & 44	14/03/2023	17h00	Tantanana Community Hall
	36		16h00	Mathopestad SASSA Hall
D	14, 15, 16, 17, 18, 42 & 43	17/03/2022	18h00	Old Town Hall
	01,02,03,04, 05 & 06		17h00	Mafenya Primary school
Е	31,32,33,34,35 & 45	20/03/2023	16h00	Tshukudu High School
	20 & 21		16h00	Boitekong Stadium

#### Copies of the 2021/2022 Annual Report are available as follows:

- 1. Municipal Libraries situated at Marikana, Rustenburg, Boitekong, Zinniaville / Karlienpark and Tlhabane.
- 2. 2Municipal Regional Centres (RCC's) situated at Tlhabane, Monakato, Lethabong, Phatsima, Marikana, Freedom Park, Ikageng, Rankelenyane and Boitekong.
- Tribal Offices situated at Phokeng Civic Centre, Bakwena ba Mogopa (Bethanie), Mathopestad and Rankelenyane.
- 4. Municipal website: www.rustenburg.gov.za

MR R.J. MOSIANE ACTING MUNICIPAL MANAGER



PO Box 16, Rustenburg, 0300 North West Province, South Africa Tel: (014) 590 3551 Email: munman@rustenburg.gov.za

### SOULFOOD

#### **PSALM 131**

Simple Trust in the Lord A Song of Ascents. Of David.

**131** Lord, my heart is not haughty, Nor my eyes lofty. Neither do I concern myself with great

Neither do I concern myself with great matters, Nor with things too [d]profound for me.

2 Surely I have calmed and quieted my soul, Like a weaned child with his mother; Like a weaned child is my soul within me.
3 O Israel, hope in the Lord. From this time forth and forever.

NEW KING JAMES VERSION (NKJV)



### Did you know?

A tidsoptimist is a person who is constantly late because they optimistically believe that they have more time than reality affords.



Although not an official word in the Oxford dictionary, we all know someone like this...

All original designs in this newspaper is the sole property of *Platinum Publishers* (Pty) Ltd and may only be reproduced or distributed by or with the written consent of *Platinum Publishers* (Pty) Ltd. Copyright is strictly reserved, and no work, or part thereof, may be used for commercial purposes. Should any of the content be copied without the written consent of *Platinum Publishers* (Pty) Ltd. (eggla action may be taken.

Platinum Publishers (Pty) Ltd 1/a Platinum Weekly disclaims all liability for any loss, damage, injury or expense, however caused, arising from the use of or reliance upon, in any matter, the information provided through this publication, whether through news, classifieds, editorials or advertisements, and does not warrant the truth, accuracy or completeness of the information provided. Advertisements, classifieds, editorial and letters written to the editor, newspaper's is the opinions and representations of the companies/individuals who placed or sent the advertisements, classifieds, editorials or wrote or sent the letters to the editor and not that of the editor/s, editor in chief, journalists, employees or owners of Platinum Publishers (Pty) Ltd. Venterwith indemnify ourselves from any related claims. Platinum Weekly's tile and design of its logo is the sole property of Platinum Publishers (Pty) Ltd. Contact us per email with any queries: ads@platinumweekly.co.za.



Steel Constructions • General Building & Civil ngineering Constructions • Mining: Sweeping & Variping: Secondary Support Wentilation Curtains • Sanitation (Underground Toilets) • Engineering (Supply) • Machines, Tools & Equipment • PlantsHire

083 349 3990 and 073 1162 778 Tel: Email: info@tlhopegothapelobh.co.za thapelo@tlhopegothapelobh.co.za tlhopego@tlhopegothapelobh.co.za

Website: www.tlhopegothapelobh.co.za



mamotsosiholdings.co.za







PEST CONTROL
IGE HOUSE MANAGEMENT
BUILDING MAINTENANCE
GARDEN SERVICE
ERGROLIME

+27 (0) 14 592 7603 62 Brink Street Rustenburg



- · General 24HR Plumbing
- Geyser Repairs & Replacements
- Blocked Drains
- High Pressure Jetting
- · Electronic Leak Detection
- . Burst and Leaking Pipes
- CCTV Camera Drain Inspections
- Septic Tanks & French Drains





#### **Expertise:**

Generic Builder & Maintenance

Road Maintenance & Construction

- Water Reticulation & Bulk Water Augmentation
- · Bulk Water Supplies
- · Plant Hire
- · Electrical Construction



Email: oneking4nw@yahoo.com

#### **RBED** SPONSORED BY

Royal Bafokeng Enterprise Development

014 589 3000

CORNER DIREPOTSANE STREET & R565 SUN CITY ROAD, PHOKENG 0335



### **COUCHES & CARPETS** CLEANING





Lechter CA (Pty) Ltd

Company Registrations (Pty) Ltd

SARS Tax Clearance Certificate Pins



home &

**business** 

- Intercom System
- Home & Business Automation
- Installation & Maintenance



Contact For Details Cell (081) 770 3259

info@tshegoitsolutions.co.za www.tshegoitsolutions.co.za



BEE Affidavit

- SARS Tax Annual Returns Submissions
- Annual Financial Statements
- Financial Advisory & Literacy Training
- Logo Designs



#### SERVICES RENDERED BY TSHEDIMOGO MINING PTY (LTD)

- Underground Mining Secondary Support
- Service and Supply to the mines
- Stoping
- Sweeping and Vamping
- · Reclamation and Recycling Underground Construction
- · Research and Evaluation of Projects/Programmes



House C274 Aganang Section. Robega Village. Rustenburg. North West. 0310. Cell number: 0730798444 0843926231 | Email: jkmojaki@hotmail.com



We Manufacture and Supply our products to: Resorts | Hotels | Restaurants | Supermarkets | Caterers | Individual Clients

#### 100% FRUIT JUNCE

250ml x12 R84.00 340ml x10 R95.00 500ml x10 R120.00 2L R39.00 5L R93.00

250ml x12 R78.00 340ml x10 R90.00 500ml x10 R115.00 2L R37.00 5L R90.00

#### BOTTLED STILL WATER

330ml x12 R48.00 500ml x12 R54.00 750ml x10 R70.00 1.5L x9 R81.00 5L R18.00

330ml x12 R55.20 500ml x12 R60.00



#### Elies is trots op Marlienke!



Mooinooi - Laerskool Elandskraal atleet Marlienke Engelbrecht het by die onlangse distriksbyeenkoms twee goue medalies verower met gewigstoot o/12 en skyfwerp o/12. Marlienke gaan op Vrydag 3 Maart aan die Noordwes atletiekbveenkoms deelneem in Potchefstroom

#### Are you revved up for the 1660 Mashup?



Rustenburg Raceway will be hosting the 1660 Mashup on Saturday 4 March 2023. Racing enthusiasts can expect a day filled with fast cars and a great atmosphere. The action-

packed line- up will showcase races with stockrods, rookies. 1660's, 2.1 litres, hotrods, V8 flexis, and midgets. So far, there has been more than 100 entries and racers from Platinum Raceway Rustenburg, Newcastle, Kroonstad, Randfontein, Port Elizabeth, Ellisras, Bloemfontein, and Kathu will be competing in the action. Drivers with South African title wins will be on the raceway and spectators will have an opportunity to get a signed poster from the 1660 title holders. This will be the first of what the Platinum Raceway hopes to make an annual event. Gates open at 09:00 and racing will start at 17:30. Spectators pay R80 for adults and R50 for kids under the age of six. Don't miss out! To enter, or for more information, contact Henri on 083 452 9979, or Marietjie on 081 258 8644.

### Impala determined to win trophy

Rustenburg - Impala Rugby Club is determined to successfully defend the Philip van Rensburg Trophy as they aim to complete their pre-season preparations on a positive note. On Saturday 11 March 2023, the Impala first team will be in Potchefstroom to do battle for the trophy, competing against teams such as, Potchefstroom, Hurricanes, Wolverines, Klerksdorp, Matokosa, Ikageng, and Westonaria. "It's a knockout tournament for the quarterfinals, semi-finals and then the final, so it will be a good preparation exercise for our boys," said Impala's team manager Trevor Visser, who hopes that the Philip van Rensburg trophy will remain in their trophy cabinet for another year. However, Impala, who lost to Roodepoort by a 45-13 margin in a friendly match played on Saturday 25 February, will be out to fine tune their approach ahead of their trip to Potchefstroom. "We have been playing very good rugby, but our defence needs more work," Visser said, "this is something we will be working on during training." For more information, contact Impala Rugby Club president Wynand Burger on 061 530 3193.



The Impala Rugby Club is strengthening its defence

### Riding adventure





Cup #1

Rustenburg – Rustenburg Cycling Club (RCC) members demonstrated their capabilities during two separate competitions. The club is extremely proud of their two teams that took part in the 120 km Africa Adventure Race World Series, held at Mnweni-Drakensberg from 24 to 26 February 2023. Julie Boshoff and Dirk Stoltz were a two-man team and came 2nd in their category. Petrus and Louis Bredell along with Dean and Ashleigh Townsend worked together as a four-man team during the race. Meanwhile, at the Gauteng XCO Cup #1 Cup in Asidlale Adventure Park on Saturday 25 February 2023, Tamlyn Luyt took 1st place in North West and a 3rd Place overall for Gauteng. This is her 1st year as a Junior. We are very excited to see what this season holds for her!



From left: Petrus Bredell, Julie Boshoff, Dirk Stoltz, Dean Townsend, Louis Bredell, and Ashleigh Townsend.



Rustenburg - The abundant rainfall in Rustenburg has not only added to the state of our roads, but also poses a security threat. Residents in Santolina Avenue and Moepel Avenue are on high alert because of the tall grass which borders their properties along the N4. Platinum Weekly talked to Rise Up Rustenburg director, Sandy Webb on Tuesday 28 February 2023 for an insight into the issue. "Safety is currently a big concern for the residents because it's easy for criminals to hide in the tall grass. They can easily scale walls and enter yards without being noticed," said Sandy. Rise Up Rustenburg is a non-profit organisation which is dedicated to improving service delivery in Rustenburg. Sandy and Kepler Diphale—another Rise Up Rustenburg director—accompanied Platinum Weekly to the problematic areas where the grass is approximately two metres high (more than enough to hide a tall person). The confident criminals are undeterred by security measures like dogs, electric fences, barbed wire, alarm systems, and security companies, as they are able to easily disappear into the tall grass. Earlier this month criminals attempted to gain access

5

8

6

7 1 to a yard by breaking a precast wall. This precast wall had already been damaged by a previous break-in, so the residents reinforced the wall with palisades. Despite this, the criminals still managed to get over the wall and steal a water pump. In another incident a resident in Santolina Avenue told Platinum Weekly, "On 26 February I was busy in my home when I heard my neighbour scream. The criminals jumped over the wall during broad daylight to steal tools from my neighbour's yard." A neighbourhood watch member added, "The tall grass is a big problem because it makes it impossible to spot criminals—even during patrols." To add insult to injury, criminals are even more shielded under the cover of darkness as the light poles along the N4—just before the R24 turn-off—have been felled to strip for copper wire. Platinum Weekly contacted the N1N4 Bakwena for comment. Their statement read: Bakwena Platinum Corridor Concessionaire (Pty) Ltd, (Bakwena) is aware of a number of complaints with regard to overgrown vegetation alongside the N4 between Helen Joseph and Dr Moroka drives. In recent years, this period of the year has recorded

2023

**Varsity Cup** 

Die Varsity Cup kook en die NWU Pukke is on

fire! Die verdedigende 2022 kampioen span,

die UP-Tuks verloor beide hul games. UJ loop

more severe rainfall accompanied by high temperatures, which is attributed to climate change. Between December 2022 to February 2023, we experienced unusually high rainfall which has escalated the growth of vegetation along the whole of the Bakwena N1N4 route.

Bakwena carries out two seasonal grass cuts annually:

Full winter mow from April to August

Shoulder mow from November to January

The shoulder mow covers the area from the surfaced road up to 3 metres. The full width mow (winter cut) covers boundary to boundary. In between these mows, there is also signage area clean-ups to ensure road signs are always visible to ensure safety of road users. The planning for the next grass cutting cycle is in progress and Bakwena would like to assure residents that their concerns have been noted. To that effect, priority areas have been identified and these areas will receive attention first when the full winter mow commences. A word of advice: Take responsibility for matters affecting your safety. Increase visibility by keeping the grass surrounding your property short.

#### **United Rugby** Championship



In Durban verloor die Haaie 24-31 teen Ulster. Duane Vermeulen in 'n Ulster jersey was 'n harpoen in die vlees van die Haaie en lei met voorbeeld.

In Jo'burg brul die Leeus weer uit volle bors en klop die Glasgow Warriors in 'n opwindende game met 35-24.

#### **Bepalings**

- Vrydag 3 Maart Munster 21:35 Scarlets
- Glasgow Warriors 21:35 Zebre

#### Saterdag 4 Maart

- Stormers 14:30 Sharks
- Bulls 16:45 Lions • Edinburgh 19:05 Leinster
- Osprevs 19:15 Benetton
- · Cardiff 21:35 Ulster · Dragons 21:35 Connacht

#### met 30-0 voor teen Wits. Wits veg terug en wen die game met 35-33. **Uitslae**

#### • UCT Ikeys 40-19 UP-Tuks

- Maties 19-23 CUT
- Wits 35-33 UJ
- NWU 63-16 Shimlas

#### **Bepalings** Maandag 6 Maart

- UJ 17:00 UCT Ikevs
- NWU 19:00 UP-Tuks
- CUT 19:00 UP-Tuks Shimlas 19:00 Wits



#### **Super Rugby** Pacific 2023



Die gewilde reeks het afgelope naweek afgeskop. Sommer met die intrapslag verras die Chiefs die champ Crusaders! En die Blues maak 'n statement ou grote. **Uitslae** 

#### · Crusaders 10-31 Chiefs

- · Waratahs 25-31 Brumbies
- Moana Pasifika 34-36 Fijian Drua
- Highlanders 20-60 Blues • Reds 13-47 Hurricanes
- Force 32-27 Rebels

#### Bepalings Vrydag 3 Maart

· Crusaders 9:00 Highlanders

Rebels 11:10 Hurricanes

#### Saterdag 4 Maart Moana Pasifika 08:05

- Chiefs Fijian Drua 10:35 Waratahs
- Sondag 5 Maart
- Blues 05:00 Brumbies

#### · Force 07:30 Reds



#### World Rugby Sevens - Los Angeles

Die Los Angeles Sevens is een toernooi wat die Blitsbokke so gou moontlik wil vergeet. Hulle was pateties, finish en klaar. Die standaard wat Neil Powell • daargestel het, is by die venster • uitgegooi. Die Blitse kon net een game wen en verloor die

Wen Kanada 12-0

 Verloor teen

Ierland 14-5 Verloor teen

Eina!

Uruguay 10-5 Verloor teen Fidii 28-7 Verloor teen Samoa 45-4

Die LA Sevens word gewen deur Nieu-Seeland wat Argentinië 22-12 in die finaal klop.

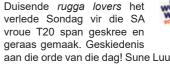
#### Six Nations 2023



#### **Uitslae**

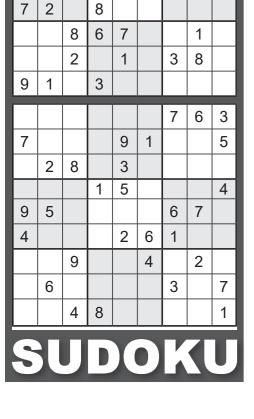
- Frankryk 31-21 Skotland • Wallis 10-20 Engeland
- Italië 20-34 Ierland Die reeks word weer op 11 Maart hervat.

#### ICC Women's T20 World Cup 2023



aan die orde van die dag! Sune Luus en haar span is die eerste krieket spanvan SA in alle formaat wat in 'n Wêreld Beker finaal speel. Die dames verloor met 19 lopies teen die 5-malige wêreld kampioene, Australië, maar het duisende harte gesteel met hulle guts! Welgedaan, julle het ons trots gemaak!

Nag ou grote....



2 9

9

3 8

7

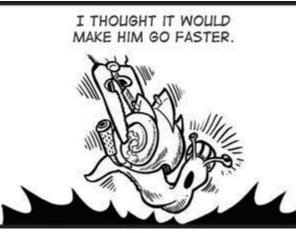
1



Get the *Platinum Weekly* directly on your phone. WhatsApp **081 821 1332** to subscribe today!











# SELF-DEFENCE; a small term in a big world

**Rustenburg** – With the aim of equipping our readers with some street savvy, *Platinum Weekly* reached out to kancho Albert Venter for some self-defence tips.

Kancho Albert is the founder and head instructor of the Tokon Shotokan Karate A/C International, and of the Traditional Styles Known Knowledge in Action (TSKKIA) Federation. At the main dojo (training hall) in Rustenburg, kancho Albert is renowned for his self-defence skills.

"The first thing I teach my pupils is to always be mentally prepared," said kancho Albert, "be prepared for the possibility that your routine is always being watched, and that you could be a target at any given time. Being comfortable in your daily habits and routine is dangerous."

#### Albert's tips on being prepared:

- At all times be aware of your surroundings; when you are on the streets, put away distractions.
- Don't let your guard down; even if you take your daily walk on the same route and have never encountered trouble, remain vigilant of the possibility of danger.
- At all times be armed with a weapon of self-defence; make sure you know the laws surrounding your chosen weapon, and most importantly make sure that you know how to use it. "The reality is that people need to arm themselves," said kancho Albert, "attackers are always armed, so don't go about your day emptyhanded."
- Walk with confidence and purpose; attackers are more likely to target a person who appears vulnerable and uncertain. If you find yourself lost in an area, pretend to know in which direction you are heading and get yourself to a place where you are safely surrounded by other people before scrambling for directions.
- If you are going to an unfamiliar location, be sure to plan your route beforehand and acquaint yourself with the location before proceeding.

#### When confronted:

Don't underestimate your opponent.

- Know your physical abilitie
- The flight response is often better than the fight response. "When confronted, some people either instinctively try and evade the situation, or they try and fight the situation," said kancho Albert. "The reality is that you probably won't know your attacker's capabilities, therefore it's safest to first try and get away or alert others of your situation."

#### In all of his self-defence classes, kancho Albert teaches the three basic rules of self-defence:

- RUN; try and get away from the situation. "This may seem cowardly," said Albert, "but it's actually the smartest step to take. Don't be overconfident in your abilities. Fear is what keeps you alive—if you don't feel fear than you are at risk as you may charge into 'a gunfight with a knife.' Fear is healthy because it keeps you alert of possibilities. But at the same time, it shouldn't dominate you—it is something you need to learn to master; acknowledge the feeling and use it as a warning to yourself, but don't let it overpower you.
- HIDE; if possible, find a safe place to hide from your attackers.
- **DEFEND**; defence is your final resort. "There is no specific art of self-defence," said Albert, "I can't for example say that iai-jitsu will better equip you than any other art. Self-defence is a small term in a big world, meaning that your approach will vary depending on your situation and the person you are faced with. Of course, it's good to know what you are physically capable of so that you can handle yourself in a situation. But if you haven't taken any self-defence classes and don't know your strengths and weaknesses, it's even more important to be armed with a weapon which you can handle."

For more information, please contact the TSKKIA H/Q at 082 463 1073 or visit the TSKKIA website at www. tskkia.co.za, you can also view TSKKIA activities on YouTube.



Kancho Albert Venter with his weapon of choice, a Japanese katana. Kancho Albert excels in many arts such as gendaiteki ken & iai-jitsu (Japanese sword art) and gendaiteki kyujitsu (Japanese archery).





STAND TO SHOP,

YOUR SHARE OF

Buy any participating product, swipe your card, and scan the on WhatsApp.

Ts & Cs apply.









download the app































別觀







LANCEWOOD'













SAVE R20 ANY 2 FOR

Pudding x 3







**BUY ANY 3 &** 







### 1000 DEALS EVERY WEEK









Baxtons Apricots Sweets







Willards Cheas Naks Maize Snack All Variants 2 x 135g

CHEAS



Oreo Biscuits All Variants 2 x 133g/119g



Cadbury Chocolate Slab All Variants 2 x 150g



Maynards Gums/Jelly Sweets/ price Allsorts All Variants 2 x 125g/150g



Beyers Sweetie Pie Chocolate 2 x 6x25g



Beacon Marshmallows All Variants 3 x 150g



BUY Any 3 x Nestlé Smarties/Bar-One/ Tex/KitKat & GET a 4th FREE!



SAVE R10 **Q**99 WITH CARD







Monster Energy Drink All Variants 2 x 500ml



Brookes Oros Squash Concentrate All Variants



Brookes Oros Low-Cal ash Concentrate All Variants Squash Cond



Clover Tropika Flavoured Dairy Fruit Blend All Variants



Rhodes 100% Fruit Juice Blend All Variants 2 x 1r



Aquellé Viv Sports Drink All Variants 2 x 600ml













































Extra Virgin Olive Oil













B-well Canola Oil

Clover Olive Pride A Blend of Seed Oils & Extra Virgin Olive Oil















# WIN YOUR SHARE OF R1 MILLION EVERY WEEK



BUY 2 x Importers Filter/Ground Coffee Beans 250g & GET a 3rd One FREE!



3799 SAVER10

Freshpak Pure Rooibos Teabags



4699 × WITH CARB

Five Roses Ceylon



Nestlé Nesquik Strawberry/ Chocolate Flavoured Beverage



Nestlé Milo Original Malt Drink/Hot Chocolate



Nestlé Dessert & Cooking Cream



Nestlé Ideal Evaporated Milk All Variants



Snowflake Baking Powder Refill Pouch



3999 SOMPLESSON

Cook 'n Bake Original/ Butter Non-Stick Spray



Golden Cloud Cake Mix with Icing All Variants



Snowflake Muffin/Scone/ Cupcake Mix All Variants



Moir's Jelly All Variants 4 x 80g & Moir's Custard Powder 500g



Snowflake Cake Wheat Flour



Golden Cloud Self Raising Wheat Flour



FutureLife Smart Food Cereal All Variants



FutureLife Granola All Variants 2 x 600g/700g



ORIGINALS

JACOBS

**SAVE 14%** 

8099

Jacobs Coffee Capsules All Variants **JACOBS** 

3







Cereal All Variants

















Colgate Pro Relief/Optic White/ Naturals Toothpaste All Variants



Protex Bath cap All Variant



Yardley Men's/Ladies



Nivea Men's/Ladies Roll-On All Variants 2 x 50ml



Head & Shoulders Conditioner/



Pantene Shampoo/ Conditioner All Variants



Always Eco Pantyliners All Variants



BUY Any 2 x Lil-lets Tampons/Pantyliners 16/25 per pack & GET a 3rd ONE FREE!



Gillette Mach 3



BUY 2 x Gillette Mach 3 Plus Blade



Gillette Venus Blades All Variants 2 x 4 per pack



Health

GRAND-PA

DISPRIN

DISPRIN



Libresse Sanitary Pads All Variants



Always Maxi Sanitary Pads All Variants 2 x 16/18/20 per pack



Nivea Facial Product Range All Variants x 2



Bepanthen Nappy Care Ointment





**Huggies** Little Swimmers Nappies All Variants



**Affordable Healthcare Made Easy** 















Handy Andy Cleaning Agent All Variants



Handy Andy Floor Cleaner All Variants



Sunlight Dishwashing Liquid 2 x 1,5¢





Domestos Thick Bleach All Variants 2 x 750ml



Windolene Trigger Windo Cleaner All Variants





BUY Any 2 x Handy Andy Cleaning Spray All Variants 500ml & GET a 3rd ONE FREE!





Air Wick Air Freshener Freshmatic Can 250ml & Refill All Variants 250ml Each



Mortein Insecticide All Variants x 2



Raid Insecticide All Variants



Doom Plug-In Mosquito Destroyer Unit & Refill



Dinu Mega Roller Towels



Finish All in 1 Dishwasher Tablets All Variants



Comfort Fabric Conditioner All Variants 3 x 800ml



Vanish Stain Remover Powder/Liquid



Ome Auto Washing Powder/ Liquid Detergent All Variants



Garbie Super Saver Refuse Bags















Not for Persons Under the Age of 18. Drink Responsibly. # No

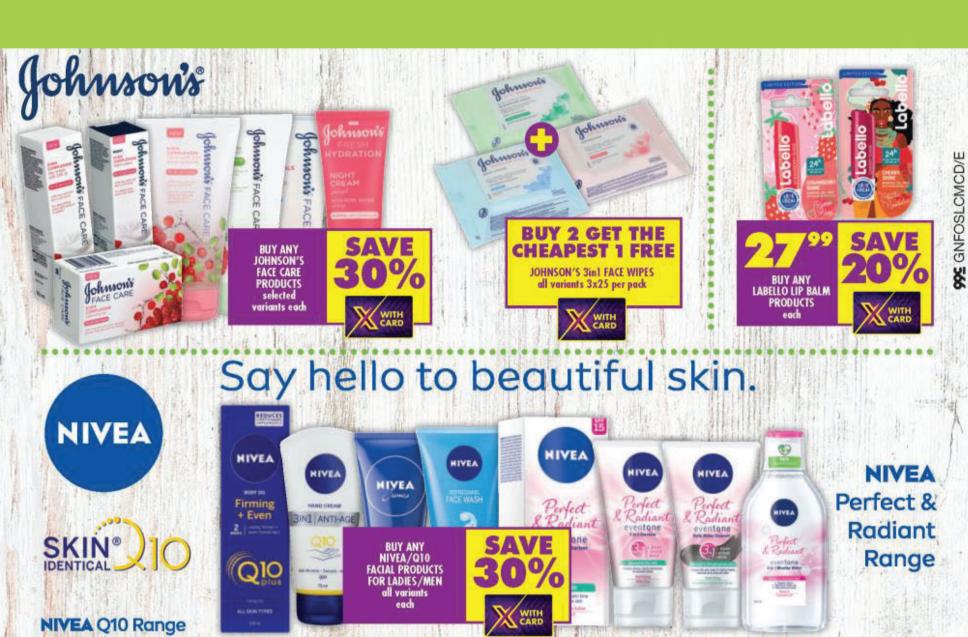






### FACIAL SKIN CARE











# NOURISH YOUR **SKIN**









## **HealingHands®**

Premium, intensive **SKIN SOLUTIONS** formulated with therapeutic ingredients. with Lanolin for lasting hydration.







### ME TIME



# RENEW YOUR SKIN



### ALL DAY **CONFIDENCE**



### CARE FOR HER



all variants

### LOVE YOUR HAIR











variants 350ml each

















### LOVE YOUR HAIR





#### GROOMING



#### **PROTECT YOUR SMILE**



## Health









MEDIRITE Supplement Tablets 30 per pack



MEDIRITE Vitamin B 30 per pack



MEDIRITE



099 MEDIRITE Magnesium & Vitamin D3 Tablets 30 per pack



MEDIRITE Folic Acid 0,5mg Supplement Tablets 60 per pack



**29**" MEDIRITE Iron 24mg Supplement 30 per pack

**99E** GNFOSLCMCD/E



BIOPLUS Syrup 100ml



64" Immune Support Effervescent Tablets 10 per pack



69" DETTOL Original/Aloe Vera Antiseptic Liquid 750ml each



79" MEDIRITE Unflavoured/ Mango Flavoured Alkaline Powder 110g each



99" A. VOGEL Multiforce Alkaline Powder



**89**" MEDIRITE Hair, Skin & Nails Vitamin Capsules 30 per pack



MEDIRITE MSM Supplement



THRESHHOLD Real MSM Tablets 60 per pack



FROM CENTRUM Multivitamin/



A. VOGEL Molkosan Probiotic Food Supplement



OFFERS VALID FROM THURSDAY 23 FEBRUARY 2023 UNTIL SUNDAY 12 MARCH 2023 AT ALL SHOPRITE STORES IN GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MARKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD, WHILE STOCKS LAST, SOME ADVERTISED PRODUCTS IN THIS LEAFLET MAY NOT BE STOCKED AT SMALLER SHOPRITE STORES. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. MEDIRITE PHARMACY: A DOCTOR'S PRESCRIPTION MAY BE REQUIRED FOR SOME OF THE ADVERTISED LINES. MEDIRITE PRICES ARE VALID FOR CASH, CHEQUE AND CREDIT CARDS ONLY, NO TRADERS. VAT INCLUDED. ERRORS AND OMISSIONS EXCEPTED.



### RSPAR (





SPAR Long Life Full Cream, Low Fat or Fat Free Milk 6 x 1 litre

99 per pack



Get

Rewards Customers Pay

each

**SPAR** Sunflower Oil

Flora

each



Long Grain Parboiled Rice

2 kg Assorted

**MULTI-BUY** Buy any 2 and get

Rewards Customers Pay each



NESCAPE

Weet-Bix 900 g

Nescafé Ricoffy Coffee Granules (Excl. Decaf) 750 g

Get off

Rewards Customers Pay







BAKERY

# WE'RE FOR SCRUMPTIOUSNESS



YOUR LOCAL GROCER





SPAR Bakery Mini Cupcakes 6s **Assorted** 

**SPAR** 

freshline

Banana Mini Box

**SPAR** 

750 g

freshline

Nectarines or Plums

**599** 



**SPAR Bakery** Roosterkoek



freshline

# WE'RE FOR HEALTHY SAVINGS







**SPAR** freshline **Potatoes** 

YOUR LOCAL BUTCHER

## LEAN PRICES AND QUALITY CUTS



#### **COOKING UP FRESH SAVOURY**

YOUR LOCAL KITCHEN



Rewards

#### **Even lower prices with** IN SAVINGS R140 M



# WE'RE FOR COOL OFFERINGS

**FRIDGES** 





















Parmalat or Melrose Processed Cheese Slices or Melrose Melts or Maxi Slices 400 g Assorted



Gouda, White Cheddar or White Gouda Vacuum Packed Cheese







Hot Doggers Red. Smoked







Parmalat Medium Fat, Low Fat, or Fabulite (Excl. Easygest and Double Cream) Yoghurt





SPAR Back, Lean, Shoulder, Streaky, Diced Bacon or Chicken Rashers











# WE'RE FOR LONG-LASTING GOODNESS

































SPAR Frozen



Frozen Sweetcorn



McCain or Country Crop



















# LOWEST PRICES

**PANTRY** 

# WE'RE FOR **EVERYDAY SAVINGS**











**Jacobs** Sticks





Freshpak 99 Tagless Teabags

















Melrose Cheese Spread 250 g or Wedges 200 g















Go to:
go.spar.co.za/
e-vouchers

Choose the amount you want to send to someone

Experience the world of electronic gift vouchers. Now available at selected SPAR stores.

T's & C's: SPAR GIFT e-voucher (SPAR Financial Services Product) CUSTOMER TERMS & CONDITIONS 1) The SPAR Gift e-voucher can ONLY be exchanged for goods and services in selected SPAR Gift e-voucher cannot be redeemed in-store for cash. 4) Change will not be issued from payment with a gift e-voucher. Please purchase for the full amount of the e-voucher or more. 5) During the difference thereof should be paid by the customer. The cashier will inform you. 6) The SPAR Group LTD reserves the right to vary/amend the privileges or terms and conditions without prior notice. tampered with or found in any way unacceptable. 8) The SPAR Gift e-voucher is valid for 3 years from date of purchase. 9) You may accumulate e-vouchers and you may pay with multiple e-vouchers.

SAUCES SPICES & CANS

# WE'RE FOR **EVERYDAY SAVINGS**









Vestlé

Get

Evaporated

Dessert Cream 290g – 380g



































# GREAT VALUE

**TREATS** 

135 g / 150 g

# WE'RE FOR SWEET SAVING DEALS







































# SUPER SAVINGS



HOME

#### WE'RE FOR CLEANING-MUST HAVES























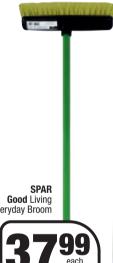




Pulse Garden Hose with Fittings





















PET CARE

























Specials available at all TOPS at SPAR stores from 21 February up to and including 6 March 2023.

**90**@ TOPSatSPAR

















**Bruce Jack** Pinotage Malbec

4999











**OUR EXCLUSIVE WINES ONLY AVAILABLE AT** 









Rewards

\*Maximum of 12 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

For your nearest 10PS at SPAR store, phone our share call number 0800 31 3141 or visit our website: www.topsatspar.co.za. Specials available at all 10PS at SPAR stores from 21 February up to and including 6 March 2023 while stocks last. Not available in KwaZulu-Natal, Lowveld, Eastern, Northern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region. To meet our consumers' demands, TOPS at SPAR will always strive to have sufficient stock available, unless a specific limitation is stated. In the event that an error occurs in an advertisement, or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAI. No traders please.





#### WE'RE FOR ATTRACTIVE PRICES







Mitchum Anti Perspirant Deodorant Lady or Men 63 g Assorted





Mitchum Solid Anti Perspirant Men or Women Mitchum 76 g Assorted

















**Vaseline**  $\mathbf{\Omega}99$ Blue Seal Petroleum Jelly 250 ml each **Assorted** 







Renew Permanent Hair Colour 50 ml **Assorted** 



Savion Antiseptic Liquid 750 ml



Gaviscon Liquid or 150 ml / 12s Assorted

each







#### WE'RE FOR BABY



Rewards Instant Savings

Puree Pouch 110 ml Assorted off





#### ERSPAR



# ST-HAVE





























Exclusive to **SPAR Rewards** customers. Sign up today! Dial \*120\*7070#. It's INSTANT!







